

Family Owned

NATURE'S BEST FRESH MARKET

Weekly Special

Sales Date: 02/25 Thru 03/03

~ Fresh Produce ~



1²⁹
LB. Crown
Broccoli



1²⁹
EA. Radish
Bunches



1⁹⁹
EA. Cantaloupes



2⁹⁹
EA. Pineapples



2/ \$5
For. Strawberries



99¢
LB. Lemons



99¢
LB. Granny
Smith Apples



99¢
LB. Jonagold
Apples



39¢
LB. Loose Idaho
Potatoes



2/ \$3
For. Grape
Tomatoes



2/ \$3
For. Medley
Tomatoes



2/ \$3
For. Cherry
Tomatoes



2/ \$3
For. Head
Lettuce

~ Extra Special Sale ~



5⁹⁹
LB. Mediterranean
Pasta Salad



3⁹⁹
EA. Clyde's Donut
Old Fashioned 6 Ct



2⁹⁹
EA. Balconi
Rollino Nocciola 7.8 Oz

~ Deli Favorites ~



9 49
LB.

Boar's Head
Bourbonridge Uncured
Ham



11 49
LB.

Boar's Head
Low Sodium
Turkey Breast



8 49
LB.

Boar's Head
Caramelized Onion
Jack Cheese



6 49
LB.

Kentucky Legend
Smoked
Ham Off the Bone



5 49
LB.

Hormel
Spiced
Ham



7 49
LB.

Sara Lee
Assorted
Turkeys

~ Quality Meat ~



U.S.G.I.

8 89
LB. **Frozen King Fish**
Steaks Wild Caught



U.S.G.I.

9 99
LB. **Frozen Tuna Steaks**
Wild Caught



Grade "A" Fresh

2 29
LB. **Fresh**
Chicken Tenders



U.S.D.A. Choice

7 99
LB. **In-House Marinated**
Steak Fajitas



U.S.D.A. Choice

7 99
LB. **Fresh Cut Boneless**
Bottom Round Roast



U.S.D.A. Choice

9 99
LB. **Fresh Cut Lean &**
Tender Beef Stew Meat

~ Hot Food Menu ~

Monday

- Sicilian Sausage Stuffed Pork Chops
- Broccoli Beef

Tuesday

- "Made To Order" Street Tacos
- Chicken Parmesan
- Beef Stew

Wednesday

- Greek Style Pork Tenderloin
- Stuffed Peppers
- MeatLoaf With Mashed Potatoes
- Chicken Chorizo Meatballs In A Poblano Sauce With Cilantro Rice

Thursday

- Chicken Enchiladas
- Ground Beef Stroganoff

Friday

- Salmon with Lemon, Garlic, White Wine Butter
- Steak Burritos
- Veggie Stir-fry

Lunch Special

New Items Every Day

MONDAY

Sandwich: REUBEN
Soup: SPLIT PEA
Salad: AIAN WITH GINGER SOY

TUESDAY

Sandwich: MUFFULETTA
Soup: JAMBALYA
Salad: ITALIAN CHOPPED

WEDNESDAY

Sandwich: THE GINA (SALMON)
Soup: MANHATTAN CLAM CHOWDER
Salad: WEDGE (BLUE OR FETA)

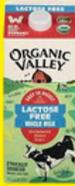
THURSDAY

Sandwich: PATTY MELT
Soup: AVGOLEMONO
Salad: GREEK

FRIDAY

Sandwich: PEPPER & EGG
Soup: CREAMY CLAM CHOWDER
Salad: CAESAR (NO CHICKEN)

~ Grocery Deals ~



5 99 Organic Valley
EA. Lactose Free Milk 1/2 G



2/ \$10 For. Zogalo
Rice Pudding 16 Oz



4 39 EA. Boar's Head
Pickles 26 Oz



3 99 EA. Amita Juice 1 L
All Varieties



1 99 EA. Kuii Coconut
Milk Drink 9.8 Oz
All Varieties



1 99 EA. Green River
Soda 33.8 Floz



4 99 EA. Today's Teptations
California
Sourdough Bread
32oz



3 99 EA. Del Duca
Chorizo- Sopresata
& Prociuto 3 Oz



17 99 EA. Oyster Bay
Sauvignon
Blanc 750ML



2/ \$3 For. Vigo Imported
Yellow Rice 8 Oz



10 99 EA. Nutella
Hazelnut
Spread 26.5 Oz



4 99 EA. Lay's
Potato Chips
7.25 Oz